



Vocabulary: *etiquette and activities* 词汇: 礼节和活动

The average worldwide commute is around 40 minutes. But UK workers are travelling 54 minutes and Londoners commute approximately 80 minutes by car and over two hours by train every day, according to the UK Department of Transport. Drawing on all that travelling experience, what can these commuters teach us about how best to behave during all that time spent in cars, trains, and buses?

First of all, travel **etiquette** is important. A recent BBC article asked its readers to describe which of their fellow commuters' actions constituted **bad manners**. Top answers included taking too loudly, eating stinky food and putting feet up on the seats. Several respondents even mentioned a fellow train passenger **clipping** their **toenails** in the carriage. Their reactions on this **boorish** behaviour included feeling **disgusted**, **perplexed** and **appalled**.

A more controversial activity is doing make-up. Opinions varied on whether this was **impolite** or **inconsiderate**. One reader said he was so offended by this **conduct**, he had to change carriages. However, the idea that make-up should be applied in private is an outdated concept, says professional make-up artist Nic Chapman and one half of beauty brand, Pixiwoo. "We are not **ashamed** of wearing make-up," she told the BBC. Dilruba Khanom told the BBC "I do admire a woman's confidence to **not give two hoots and slap on the face**."

But a long commute isn't just about negative experiences. Many UK commuters turned to innovative activities to better make use of their time on transport. 37-year-old Ben Yallop, who manages international judicial relations at the Royal Courts of Justice, used his daily three-hour trip to write and **self-publish** two novels. He started "**jotting down ideas**" for a series of them. "I've done almost all my research, plotting and writing on the train," he tells the BBC. Alternatively, 24-year-old Amy Dickett uses her 90-minute trip to photograph fellow commuters for her Commute **Blog**. She **snaps a picture** and asks them to tell her something surprising about themselves. "Usually they are surprised but glad to have some entertainment on an otherwise boring journey. Often the people around us join in and will ask their own questions," she told the BBC.

So, no matter where or how long your journey is, take a leaf from the UK commuter's book. Don't **antagonise** your fellow passengers and rather than staring into space – use your time creatively.

词汇表

etiquette	礼仪、礼节
bad manners	不礼貌，不文明
clip	(用指甲刀) 剪
toenail	脚趾甲
boorish	粗鲁的
disgusted	厌恶的，恶心的
perplexed	困惑的
appalled	目瞪口呆的
impolite	无礼的
inconsiderate	不考虑他人的
conduct	行为
ashamed	羞耻的
not give two hoots	完全不在乎
slap on the face	化妆
self-publish	自费出版
jot down ideas	随手记下想法
blog	博客
snap a picture	拍一张照片
antagonise	引起…的反感

测验与练习

1. 阅读课文并回答问题。

1. On average, how long do UK workers travel to get to work?
2. How did people react to someone trimming their toenails on the train?
3. What does Nic Chapman say is an outdated concept?
4. How do people react to Amy asking them to be in her blog?
5. Which word in the text means 'using new methods or ideas'?

2. 请在不参考课文的情况下完成下列练习。选择一个意思合适的单词填入句子的空格处。

1. I saw a man picking his nose on the train. It made me feel sick. I was _____.

boorish	appalled	perplexed	impolite
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2. OK guys, this is a brainstorming session. Take some paper and _____.

self-publish	snap a picture	jot down ideas	blog
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3. John, don't _____ your brother. He is already upset. Don't make it worse.

antagonise	conduct	impolite	clip
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4. What do you mean you stole? That's very bad! You should be _____!

ashamed	inconsiderate	antagonise
inconsiderate		

5. Excuse me, sir. Could you _____ of us in front of the statue?

etiquette	conduct	slap on the face	snap a picture
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答案

1. 阅读课文并回答问题。

1. On average, how long do UK workers travel to get to work?
On average, UK workers travel for around 54 minutes.
2. How did people react to someone trimming their toenails on the train?
They were disgusted, perplexed and appalled.
3. What does Nic Chapman say is an outdated concept?
The idea that make-up should be applied in private.
4. How do people react to Amy asking them to be in her blog?
Usually they are surprised but glad to have some entertainment on an otherwise boring journey.
5. Which word in the text means 'using new methods or ideas'?
Innovative. (UK commuters, rather than upsetting their fellows, have turned to innovative activities to better make use of their time.)

2. 请在不参考课文的情况下完成下列练习。选择一个意思合适的单词填入句子的空格处。

1. I saw a man picking his nose on the train. It made me feel sick. I was **appalled**.
2. OK guys, this is a brainstorming session. Take some paper and **jot down ideas**.
3. John, don't **antagonise** your brother. He is already upset. Don't make it worse.
4. What do you mean you stole? That's very bad! You should be **ashamed**!
5. Excuse me, sir. Could you **snap a picture** of us in front of the statue?